You are scheduled for Palliative Bone Treatment on ________________ at _____________.

Please report to TC100 in Mitchell Hospital 20 minutes before your appointment time to register for the treatment.

ABOUT THE TREATMENT
Palliative Bone Treatment uses a special radioactive medicine to help reduce bone pain associated with your diagnosis. You will be at the medical center about 1 hour for this treatment.

PREPARATION FOR THE TREATMENT
There is no preparation before this treatment. However, blood work will be needed before the treatment to make sure your blood counts are stable. Your nurse will assist in coordinating the tests.

HOW IS THE TREATMENT PERFORMED?
When you arrive in the Nuclear Medicine Department, a technologist will confirm your identity and ask you questions about your medical history. A nuclear medicine physician will explain the treatment to you and answer any questions you have. The technologist will start an intravenous line (IV) in your hand or arm. He/She will inject the radiopharmaceutical and saline through the IV and remove the IV.

AFTER THE TREATMENT
There are precautions you and any of your caregivers should follow after the treatment.

1. Wash your hands thoroughly minimize radiation exposure to household members and caregivers from contact with contaminated bodily fluids.
2. Sit when urinating to avoid splashing and flush the toilet twice after each use.
3. Clothing soiled with urine, blood, or fecal matter should be washed right away and separately from other clothing.
4. Household members and caregivers should use rubber gloves when handling bodily fluids to avoid contamination.
5. Avoid close or prolonged contact with pregnant women and young children.

You may resume your normal activities and diet, but you must follow the precautions listed above. If you have any questions about the procedure or cannot keep the appointment, please call the Nuclear Medicine scheduling staff at 773-795-9723