Your patient is scheduled for a PET scan on __________________ at______________

Preparing your patient for the test
By reviewing this preparation checklist and following the instructions, you can help make your patient’s experience pleasant and efficient.

☐ Nothing to eat or drink (except plain tap water) after ________________________.

☐ If possible, have patient drink 2 – 3 glasses of plain tap water beginning at ________.

☐ No insulin or other injected hypoglycemic medication after ________________________.

☐ Oral hypoglycemics and other medications are permitted with plain tap water.

☐ No IV calories, including dextrose and glucose, even as a ‘piggie-back’, after ________________________. If IV fluids are necessary, they should consist of saline only.

☐ Discontinue parenteral alimentation (TPN) after ________________________.

☐ Contact the PET lead technologist (pager: 4556) if the patient’s diabetes is poorly controlled (fasting blood glucose result is >200 mg/dl)

☐ Contact the PET lead technologist (pager: 4556) immediately, if for any reason the exam needs to be cancelled

After the Test
The patient may resume normal activities and diet after the test.