You are scheduled for a Gastric Emptying Scan on: ____/____ at ___:_______ AM

Please arrive 20 minutes prior to your appointment time in TC100 so that you can be registered for the procedure.

What is a Gastric Emptying Scan?
A Gastric Emptying Scan assesses the ability of the stomach to empty as well as reflux or motility problems.

How to prepare for the exam:
Patients should not have anything by mouth 8-12 hours prior to this exam. If there is an existing diabetic condition please alert the scheduler while making the appointment. If you are taking insulin on a daily basis please bring your dose with you.

How is the exam performed?
A meal labeled with a radioactive material will be prepared that consists of 2 scrambled eggs, 2 slices of bread, jelly and a cup of water. The eggs will contain the radiotracer. Once you begin to eat the meal, the meal should be consumed within 10 minutes.

How long does it take?
The imaging time of the procedure is 5 minutes per image but the imaging protocol is staggered and is as follows: Immediate, 1 hour, 2 hour and 4 hour after eating the meal. The technologist will direct you to an appropriate waiting area between imaging sessions.

NOTE: If you are pregnant or think you may be pregnant please tell your physician or make the scheduler aware of your condition. The Nuclear Medicine physician will need to be made aware of any patients that are pregnant or nursing.

After the Test
You may resume your normal activities and diet after the test. A Nuclear Medicine physician will interpret the exam and the results being sent to the ordering physician. If you have any questions about the procedure or cannot keep the appointment, please call the Nuclear Medicine scheduling staff at 773-702-1000 x 58315.