YOUR DOCTOR HAS REQUESTED AN INTRAVENOUS PYELOGRAPHY (IVP) AM

Your appointment is on __/___ at __: ___ PM in adult Radiology DCAM 1C. Please arrive 20 minutes early to this appointment to complete the necessary registration.

PURPOSE: To examine your urinary tract with X-rays, possibly for kidney stones, tumors, obstruction, or congenital abnormalities.

PREPARATION: If you are taking oral medication, let your physician know whether you should take it the day before your exam. There must be no food in your system when the radiologist takes X-rays of your urinary tract. Thus you will need magnesium citrate, a strong bowel-cleansing medication. This comes in a package called E-Z-EM LiquiPrep, which you should pick up in the Radiology Department, DCAM 1C, for no extra cost. This prep kit also comes with Bisacodyl tablets and suppository (you do not have to take the suppository).

If you suffer from diabetes or renal failure your doctor will give you a prescription for Golitely, or Colyte, both powerful bowel-cleansing medications, (you will not be given magnesium citrate). You can get Golitely or Colyte at any pharmacy, including the one on the first floor of the outpatient facility, (DCAM - 5758 So. Maryland Ave.). Colyte and Golitely are salty and somewhat unpleasant to drink, but taste better cold. They come in a 4-liter container with powder at the bottom. You must fill and mix the entire container with water.

ON THE DAY BEFORE YOUR EXAM:
Light breakfast: Toasted white bread without butter, soft boiled eggs
Lunch & Dinner: Clear liquids only
5:00 PM: Drink the entire 10oz bottle of Magnesium Citrate. Drinking additional fluid is also recommended. Two Bisacodyl tablets should be taken at 7pm and 9pm. Follow the mixture only with clear liquids (water, bouillon soup, Jell-O, apple juice, grape drink, diet pop, tea or coffee without milk). Don’t eat ANY chewable foods after 5PM.

AFTER MIDNIGHT You may swallow NOTHING. Your stomach must be completely empty for the exam on the next day. This means no food and only minimal amounts of clear liquid until you’re released.

ON THE DAY OF THE EXAM: Remember not to swallow anything until after your exam. If there are still food particles in your system we may have to reschedule you.

EXAMINATION: Let the technologist know if you are allergic to any contrast medium. The radiologist will administer an injection, which will make your urinary system visible to the X-ray, while you lie on an exam table. The contrast may make you feel nauseous, but this will pass quickly. The technologist/radiologist will take several images before and after you empty your bladder. The average exam will take about 30 minutes.

POST PROCEDURE INSTRUCTIONS: After the radiologist has looked at your images, you will be sent home. A report will be sent to your doctor in about three working days.

If you are unable to keep your appointment please contact us 24hrs in advance to cancel.
The Department of Radiology
(773) 702-6161

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