You are scheduled for an Iodine-131 Whole Body Scan with Thyrogen on _______ at _______. 

NOTE: Patients who are pregnant, breastfeeding or may be pregnant should consult their physician prior to having this test. If there is a possibility you may be pregnant your doctor must order a pregnancy test prior to receiving the radioactive iodine.

ABOUT THE TEST
An Iodine 131 Whole Body Scan with Thyrogen is a procedure performed to locate and assess remaining thyroid tissue in the body.

PREPARATION FOR THE TEST
This test is performed over several days. The schedule is usually:

Day 1 – Monday
Report to the Endocrinology Clinic (DCAM 5A) to register for blood work. You will be sent to the lab for the blood draw. Return to DCAM 5A after the blood draw for the first injection of Thyrogen.

Day 2 - Tuesday
Return to the Endocrinology clinic (DCAM 5A) for the second injection of Thyrogen.

Day 3 - Wednesday
Please report to Radiology (TC100) in Mitchell Hospital 20 minutes prior to your appointment time to register for the test. You will receive the Iodine-131 tracer dose for the scanning procedure. When you arrive in the Nuclear Medicine department, a technologist will confirm your identification and ask you questions about your medical history. You will need to complete a one page check list and provide a list of medications. You will then be given a radioactive iodine-131 capsule to swallow with a glass of water. Do not eat for 1 hour after taking the capsule. We will give you simple instructions to follow on Day 4 in order to assure you are prepared for the imaging procedure.

Day 4 – Thursday
Please perform the bowel preparation at home as given to you by the Nuclear Medicine Technologist.

Day 5 - Friday
Please report to Radiology (TC-100) for the Iodine-131 total body scan. You will lie on an imaging table and a scan of your head abdomen and pelvis will be performed. The technologist will place small markers on key points of your body. This will take about 1 hour. The camera is relatively open and does not make any noise. After the scan return to the Endocrinology Clinic (DCAM 5A) and register for blood work. You will be sent to the lab for the blood draw.

Dr. ___________________________ will have you return for a clinic appointment on the same day as the scan after you have your blood work done.

Dr. ___________________________ will contact you with the test results.

AFTER THE TEST
You may resume your normal activities and diet after the test. A Nuclear Medicine physician will interpret the exam and the results being sent to the ordering physician. If you have any questions about the procedure or cannot keep the appointment, please call the Nuclear Medicine scheduling staff at 773-702-6161.