You are scheduled for an Iodine 131 Whole Body Scan on: _____/_____ at ___:_____.

Please arrive 20 minutes prior to your appointment time in TC100 so that you can be registered for the procedure.

NOTE: Patients who are pregnant or have the possibility of being pregnant should consult their physician prior to having this test. If there is a possibility you may be pregnant your doctor must order a pregnancy test prior to receiving the radioactive iodine.

ABOUT THE TEST
An Iodine 131 Whole Body Scan is a procedure performed in order to locate and assess any residual thyroid tissue in the body.

PREPARATION FOR THE TEST
On the first day you are scheduled you will need to complete a one page check list and provide a list of medications. We will give you simple instructions to follow in order to assure you are prepared for the imaging procedure.

DURING THE TEST
This is a multiple day procedure and a technologist will explain the test. Part one-After completing the checklist, a technologist or Nuclear Medicine physician will request a photo ID (drivers license/state ID) to confirm your identity. You will then be given an a radioactive I-131 capsule to swallow with a glass of water. Part Two – this is generally 48 to 72 hours after administration of the iodine. You will be asked to lie on an imaging table in order to acquire images of the head, chest, abdomen and pelvis; the technologist will make you as comfortable as possible. Once completed, a different instrument is used to measure any residual thyroid activity in the neck. On the first you day it will take about forty-five minutes. On the second day the procedure should take about one hour and a half.

AFTER THE TEST
You may resume your normal activities and diet after the test. A Nuclear Medicine physician will interpret the exam and the results being sent to the ordering physician. If you have any questions about the procedure or cannot keep the appointment, please call the Nuclear Medicine scheduling staff at 773-702-1000 x 58315.