YOUR DOCTOR HAS REQUESTED A GALLBLADDER EXAMINATION

AM
Your appointment is on ___/___ at __ : ___ PM in 1-C DCAM the Adult Radiology Department.
Please arrive 20 minutes early to this appointment to complete the necessary paperwork.

NOTE: You cannot have any kind of Barium contrast for 48 hours before your appointment.

PURPOSE: To examine your gallbladder with X-rays, possibly for gallstones.

PREPARATION: Pick up a prescription for Telepaque from your physician at least two days before your scheduled appointment. Telepaque will make your gallbladder visible to an X-ray. You can fill this prescription at the pharmacy on the first floor of the DCAM outpatient building, 5758 So. Maryland Ave. When you get this prescription we will briefly take one preliminary X-ray (no appointment required).

TWO DAYS BEFORE YOUR EXAM: Eat a normal dinner with fatty foods (milk products, butter, salad dressing, mashed potatoes with gravy, etc). 30 minutes after dinner take six Telepaque tablets with water. The fat in your dinner will make your gallbladder take in the Telepaque. You may eat no other food after you take these tablets, although you may still drink water until 9PM. After 9PM you may swallow NOTHING until the next morning.

ONE DAY BEFORE YOUR EXAM: You may eat your normal meals, except all day your diet must be fat-free (no milk products, butter, potatoes, fried foods of any kind, etc). This fat-free diet will make your gallbladder retain the telepaque. 30 minutes after dinner take six more Telepaque tablets with water. Again, you may eat no other food after you take these tablets, though you may still drink water until 9PM. After 9PM you may swallow NOTHING until after your exam on the following morning.

ON THE DAY OF THE EXAM: Remember to swallow nothing until after your appointment.

EXAMINATION: While you stand against a backboard the radiologist will take an X-ray of your gallbladder. If your gallbladder has not taken up the Telepaque well and does not show up on this X-ray, you will be rescheduled for one more attempt after another Telepaque treatment (only two attempts of this exam will be made under any circumstances). If your gallbladder does show up well, the radiologist will take several more images to visualize your gallbladder completely. The entire exam takes only about 30 minutes.

AFTERWARDS: After the radiologist has reviewed at your images, you will be dismissed. A report will be sent to your doctor in about three business days.

If you are unable to keep your appointment please contact us 24hrs in advance to cancel.
The Department of Radiology
(773) 702-6161

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