YOUR DOCTOR HAS REQUESTED A COLON TRANSIT STUDY

This study requires four appointments. For each appointment, Adult Radiology DCAM 1C.

Your Monday appointment is on __/__ at __ : __ PM.
Please arrive 20 minutes early to this appointment so we can log you into the computer.

Your Wednesday appointment is on __/__ at __ : __ PM.

Your Friday appointment is on __/__ at __ : __ PM

Your final Monday appointment is on __/__ at __ : __ PM

PURPOSE: To evaluate your colon function using radiopaque markers, possibly to determine the cause of constipation.

PREPARATION: You should eat your normal diet before and during this study. However, YOU MAY TAKE NO LAXATIVES OR STOOL SOFTENERS ONCE THE STUDY BEGINS. This is a study of the natural functioning of your colon. Laxatives work by directly stimulating your colon, so they would completely confuse this study.

EXAMINATION: For the first three appointments, the procedure is exactly the same. A technologist will take one abdominal X-ray while you’re lying down. You will then be given three small markers to swallow. This is no different than swallowing pills. These markers will enable the radiologist to follow the path that food material takes through your digestive system. The technologist will then take another abdominal X-ray to ensure that the markers went down correctly. Each day’s exam will only take about 15 minutes. The final appointment is for one abdominal X-ray only.

If you are unable to keep your appointment please contact us 24hrs in advance to cancel.
The Department of Radiology
(773) 702-6161

GI Prep Rev.6
12/01/10