YOUR DOCTOR HAS REQUESTED AN ARTHROGRAM

Your appointment is on ___/___ at ___: ___ AM in adult Radiology DCAM 1C. Please arrive 20 minutes early to this appointment to complete the necessary paperwork.

PURPOSE: To check for damage to the membrane around your joint space

PREPARATION: There is no prep for this exam

EXAMINATION: Upon entering the exam room the technologist will explain and confirm with you the procedure to be performed. You will then be asked to lie on your back on the exam table. The technologist will take preliminary images for the radiologist. Once the images have been reviewed the radiologist will prep the site to be injected and drape the area with a sterile cloth.

When the radiologist is ready to start the procedure, he will administer an injection to numb the site. While watching the affected site on the monitor the radiologist will position the needle in the joint space. When the needle is placed in the correct place he will inject contrast into the joint space. The contrast will be seen clearly on the x-ray monitor. If there is any damage to the membrane around your joint space, the radiologist will be able to see the contrast leaking out of the space. If there is a very small tear, the contrast may not leak while you are lying still, so you may be asked to move the affected site. The radiologist will take images to document the condition of the joint space.

The entire exam takes approximately 45 minutes.

AFTERWARDS:
You will experience some discomfort in your joint for the next 24hrs while your body absorbs the contrast. If the discomfort persists beyond 24hrs, contact your personal physician. A full report of this exam will be sent to your personal physician within 2-4 business days.

If you are unable to keep your appointment please contact us 24hrs in advance to cancel.
The Department of Radiology
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